

Daily Learning Activities

Daily learning activities include a balance of child-led exploration and caregiver initiated activities. Ample time, materials and space is allowed for children to actively explore the world around them while scheduled daily activities are planned with specific objectives for each individual child; according to age and level of development. Daily activities from infancy through school age are designed to:

- Foster positive self-esteem
- Encourage the development of communication and social skills
- Strengthen small and large muscle skills
- Develop safe and healthy habits to last a lifetime
- Stimulate imagination and creative expression
- Promote tolerance and anti-bias attitudes
- Consider the individual needs of each child

Daily Activities are Play-Based Learning

Play is essential for all children's well-being and development; new concepts, improved skills and enhanced comprehension come to children through play. While playing, children learn to originate and organize ideas, become more flexible in problem solving, and develop longer attention spans. During play, children learn to communicate their thoughts, feelings, ideas and needs to others. Play encourages children to experience the world around them and develop imaginations that take them anywhere they want to go.

Toys are Essential for Daily Learning

Toys are the learning tools of children. Toys can encourage language development, large and small muscle development, creativity, imagination, self-help skills and cultural awareness. Toys need to be rotated as appropriate to reflect children's current interest and learning goals.

Daily Learning Activities Occur Outdoors Too

Learning doesn't stop when we go outside! Outdoors is the obvious place for daily activities to develop large muscle skills, explore nature, learn science concepts, and participate in social studies. As well they can enjoy, music and movement and imaginative play.

Meals are Daily Learning Activities

Mealtimes are daily learning activities as the children develop small muscle skills and eye-hand coordination by serving themselves. Mealtimes are also opportunities to promote good nutrition and healthy habits through discussion.

Daily Activities Include Naps

After a morning full of free play and planned learning activities, active children need to rest to experience proper growth and development.

Cultural Experiences a part of your day

Culture is an integral part of everyday life. The regular use of songs, videos, books, and other materials helps children, and their families feel more a part of the daycare.

Daily Activities include Holidays

Children look forward to holidays and enjoy celebrating them each year. Celebrating brings opportunities for the families to participate in these special traditions.

Neighbourhood Walks and Learning Activities

Walking around the neighbourhood allows you to enjoy the scenery and see how familiar landmarks are changed by the seasons. Along the way you can stop to chat with neighbours, examine an interesting bug, or collect leaves, dandelions, or other signs of the season. This is also an opportunity to sing songs, play games and teach the children about the world that they live in.